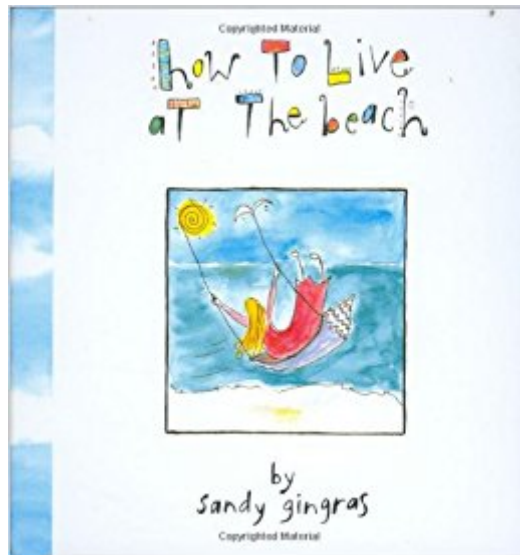




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# How To Live At The Beach



## Synopsis

With delightful illustrations and simple prose, Sandy Gingras strips away the complicated, structured way of life we cling to and helps us find perspective and appreciation in simple things - like the beach. *How to Live at the Beach* is a gift book that is at home anywhere, on any coast, or far from it. For the beach is only a metaphor, and with every reading we are awakened: How we might live, how we can pace ourselves, how we can appreciate our world, how we can love.

## Book Information

Hardcover: 56 pages

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Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 19 customer reviews

Best Sellers Rank: #384,041 in Books (See Top 100 in Books) #19 in Books > Travel > Specialty Travel > Beaches #407 in Books > Arts & Photography > Photography & Video > Photojournalism & Essays > Photo Essays #2569 in Books > Health, Fitness & Dieting > Mental Health > Happiness

## Customer Reviews

"Captures the pure simplicity of seaside living. This gift book couples lively illustrations with thoughtful musings for readers who understand the beach is more than just a place for sun and sand. Like the ocean itself, this book nourishes the mind, heart, and soul." --Coastal Living magazine  
"Her book, like the beach, offers us a chance for renewal." --The Beachcomber

For those of us so busy living that we forget how to live&#x8B;a little manual of beachiness to nudge us back toward simplicity.

Love all of Sandy Gingras books! Good thoughts to live by and easy to remember! Always a good gift to give and to receive.

I purchased "How To Live At The Beach" for my friend as a thank you for having us at her shore

house. I saw this book on a coffee table when my husband and I were on vacation and immediately thought of buying one to give to her. The watercolored illustrations are so enjoyable to look at and the sayings and phrases throughout the book are humorous, inspiring and just plain fun to read. This is a book that will delight adults and children.

Small, but really cute & positive read to have lying around a beach house!

Love this book. I've purchased 2 for myself and 2 others for friends.

a lovely book on beach life . It will get you thru the winter and make the summer better. Just pages of summer beach thoughts

I already own a copy which I keep at bedside and read periodically. It's very soothing. I purchased another copy from to give to a friend who has a place on the water.

Fun little book. A good addition to the coffee table of any beach house.

thoughtful present for any beach lover and good price

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